

## **Toilet Policy**

All participants and coaches must go to the toilet before class starts.

Coaches can use the toilet in between classes, but not during.

### **What toilet do the participants use?**

Participants use the disabled toilet (not the male's or female's), in the same corridor, just a few doors down from our gymnasium. This is so we can make sure they are not accompanied by anyone else.

### **Can the coach take a participant to the toilet and help them?**

No, Gymnastics coaches are not allowed to help or take a child of any age to the toilet. They remain inside the gymnasium but may briefly leave to show the participant where the toilet is and how to lock/unlock the door. This disabled toilet door can be unlocked with a tool from the outside if in case of an emergency.

### **Can participants use the toilet bare foot?**

No, for hygiene purposes, slip on sliders must be worn when going to the toilet. We have a selection of sizes in the hallway for everyone to use.

### **How do you know if the participants washed their hands or not?**

Coaches cannot know for sure if the participant washed their hands after using the toilet, so hand sanitiser is given when returning to the gymnasium.

**Pre-School Classes (3-4yrs):** Parents/Guardians must stay local to the gymnasium in case their child needs to go to the toilet and they can assist. Parents/guardians must make sure the club has their current mobile number.

**General Gymnastics Classes (4yrs+):** When a participant goes to the disabled toilet, the gymnasium door remains open so the coach can supervise the toilet/hallway until the child returns. If a child cannot use the toilet alone in these classes, their parent/guardian must stay local so that coaches can phone to assist. Parents/guardians must make sure the club has their current mobile number.